The TECH-Prep Course: The Technology Early Career Preparation Intervention Project

The TECH-Prep course is a virtual 10 to 12-week class for youth with intellectual and developmental disabilities (IDD) to explore tech-related careers. Students meet in real time to interact with an instructor and their peers in the course.



What Can Students Expect to Know by the End of the Class?

- Important professional skills expected of employees in the workforce
- Different tech-related jobs they may pursue after existing high school
- Postsecondary credentials, degrees, certificates or experience needed jobs in tech-related fields.
- The steps to finding and securing a job, and the skills needed to keep a job.

What Skills do Students in TECH-prep Learn?

In addition to exploring technology, students in TECH-Prep learn a number of professionalism skills, including:

- Effective communication at work
- Appropriate attitudes and impressions in the workplace
- How to work as a team
- How to manage work stressors or barriers on-the-job
- How to socialize with others in the workplace
- Ways to network with others

How Do They Learn These Skills?

TECH-Prep students learn these skills by engaging in a number of different types of course activities:

- Role-playing
- Journaling
- Discussions
- Quizzes
- Lesson Activities and Exercises
- Feedback
- Videos and Speakers