



What is Discovering ME! CIY?

Discovering ME! is a youth-centered transition assessment and planning process. It is designed to build early customized work-based learning experiences for individuals with significant barriers to employment. The long-term goal is that all students find and maintain employment in careers that best match their strengths and contributions, interests, challenges, and conditions for success.

Discovering Me! Benefits

Discovering ME! provides teams with a way of focusing on the student's strengths and interests in a way that is both positive and empowering. Benefits includes:

- Provides a meeting structure and schedule designed to fit within a reasonable time frame.
- Invites family, agencies, and schools into a collaborative partnership.
- Gives stakeholders a voice and a way to have conversations early about transition.
- Provides parents and students a more positive view of what their future will look like while increasing expectations.
- Offers user-friendly forms and a structure that helps to prepare a coordinated IEP.
- Provides all materials to implement process.

Two-Meeting Process

Discovering ME! includes two meetings during the first year of the student's participation. The team collects student information to build activities in available environments that will expand work-based learning opportunities and explore potential careers. Meetings are comprised of the student, family, educators, community agency partners, and others who will contribute to better understanding the student.

Meeting One

Collect information through a team interview. Assess to identify related job assets and needs before building customized work-based learning opportunities.

Meeting Two

Explore the 17 Career Clusters and build pre-employment opportunities related to the student's chosen career clusters.